Classic Breakfast Sandwich

Mexicali Salad

290 cal. \$9.25 Mixed greens, sliced turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, cilantro, and our delicious house-made chipotle honey lime yogurt dressing.

Greek Salad

Cinnamon Toast

240 cal. \$2.25 Two slices of fresh baked bread topped with butter, cinnamon and sugar and toasted to sweet perfection!

A vocado Toast

290 cal. \$4.25 Two slices of lightly toasted bread topped with avocado and drizzled with olive oil, everything seasoning salt and pepper with a squeeze of lemon.

Variety of Handcrafted Breads and Goodies

Daily variety of handcrafted breads and goodies that are made from scratch. hand kneaded, and baked to perfection! Selections available until sold out, call in advance, or if you miss your favorite, come back, more bread baking tomorrow!



BAKERY 💃 CAFE

Bread. The way it *ought* to be.

Fresh FROMTHE CAFE Menu

Summer 2023 Cafe Menu

229 S. Elliott Road Chapel Hill, NC 27514 (919) 904-7292 Tuesday - Friday: 7 AM - 4 PM Saturday: 8 AM - 2 PM

Closed Sunday-Monday

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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Classic Meat and Cheese Sandwich 630-680 cal.\$8.50 Choice of meat (Sliced turkey breast, Smoked Ham or Roast Beef) with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt&pepper mix. Made on your choice of daily breads with choice of cheese; Cheddar, Provolone, Swiss. Harvest Veggie 680 cal.\$8.45 Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with sundried tomato pesto, lettuce, tomato, red onion, and salt & pepper mix. Served on choice of bread. Reuben Sandwich 650 cal.\$8.65 Sliced corned beef with sauerkraut and Swiss cheese. Spread with Thousand Island dressing, and grilled between two slices of handcrafted whole grain Rye Bread. *Also available as a Rachel (turkey substituted for corned beef). Club Sandwich 640 cal.\$8.65 Layers of roasted turkey, smoked ham, and bacon topped with lettuce, tomato, mayo, salt and pepper mix, on toasted bread of choice. Grilled Cheese 525 cal.\$6.95 Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add bacon (\$1.50), avocado (\$.50), red pepper jelly (\$.25) or tomato (no charge).

580 cal.\$8.65

pickled red onions, and Dijon mustard spread.

Sliced turkey, ham, Swiss cheese, sliced

dill pickles with our special house-made

Toasted and served on white bread.

Cubano

BLT	
460 cal\$8 Bacon, lettuce, tomatoes, and mayo betwe two pieces of our grilled, fresh baked bre	en
Turkey Chipotle Baja Sandwich 670 cal\$8 Honey Roasted Turkey breast with a chipo honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepp jack cheese, and salt & pepper mix served choice of daily bread.	tle
Veggie Baja Sandwich	
580 cal	&
Louisville Chicken Salad Sandwich 710 cal\$8	3.50
White meat chicken, mixed with sweet and spicy pecans, combined with a savory mayonnaise. Served on your choice of bread with lettuce, tomato, onion, and salt pepper mix. Can also be made into a bowl bed of salad greens.	&
710 cal	&
710 cal	& on 7.85
710 cal	& on 7.85 d

Kid's Meal

430-650 cal.\$4.99 For kids only. Kid's meal include turkey or ham

& cheddar cheese, mayo and mustard, OR grilled cheese OR PB&J. Includes a juice box or bottled water.

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